



The Virtues Project

SERVICE

Week beginning May 28/29

Service is giving to others, making a difference in their lives. You consider their needs as important as your own. Be helpful without waiting to be asked. Do every job with excellence. When you act with a spirit of service, you can change the world.

You are practicing service when you ...

- Want to make a difference in the world**
- Look for opportunities to be of service to others**
- Do thoughtful things to help your family and friends**
- Work with enthusiasm**
- Don't wait to be asked when something needs doing**
- Do your part to care for the earth: recycle, reduce, re-use**

Affirmation

I am a person of service. I have compassion for those who need help. I do my part to make a better world.