



# The Virtues Project

## RELIABILITY

**Week beginning July 23/24**

**Reliability means that others can depend on you. You keep your commitments and give your best to every job. You are responsible. You don't forget, and you don't need to be reminded. Other people can relax knowing things are in your reliable hands.**

**You are practicing reliability when you ...**

**Make promises you can keep  
Really care about doing what you promise  
Return things you borrow  
Plan ahead  
Do your best and finish on time  
Find another way if obstacles occur**

### **Affirmation**

***I am reliable. I keep my promises. Others can depend on me.  
Nothing can stop me from giving my best.***