



The Virtues Project

CULTURAL PRIDE

Week beginning February 27/26

You show cultural pride by practicing self respect, identifying with and having respect for the importance and value of your culture, ethnic group, its history and achievements, and by celebrating your heritage, being proud of your personal worth, and showing tolerance of the culture of others.

You are practicing **cultural pride** when you ...

- Attend and participate in cultural events and programs
- Show respect for your elders
- Practice the values of your ancestors
- Show respect for others and their cultures

Affirmation

I am proud of my history, my heritage and the achievements of my ancestors. I practice self-respect, the positive values of my culture, and respect the cultures of others.